

2001, progressives did not have a whole lot to say. That was unfortunate, because nurturant parents and progressives do care about protection. Protection is important. It is part of our moral system.

Second, if you empathize with your child, you want your child to be fulfilled in life, to be a happy person. And if you are an unhappy, unfulfilled person yourself, you are not going to want other people to be happier than you are. The Dalai Lama teaches us that. Therefore it is your moral responsibility to be a happy, fulfilled person. Your moral responsibility! Further, it is your moral responsibility to teach your child to be a happy, fulfilled person who wants others to be happy and fulfilled. That is part of what nurturing family life is about. It is a common precondition for caring about others.

There are still other nurturant values.

- If you want your child to be fulfilled in life, the child has to be free enough to seek and possibly find fulfillment. Therefore **freedom** is a value.
- You do not have very much freedom if there is no opportunity or prosperity. Therefore **opportunity** and **prosperity** are progressive values.
- If you really care about your child, you want your child to be treated fairly by you and by others. Therefore **fairness** is a value.
- If you are connecting with your child and you empathize with that child, you have to have open, two-way communication. Honest, open communication. That becomes a value.
- You live in a community, and that community will affect how your child grows up. Therefore **community-building**, **service to the community**, and **cooperation in a community** become values.
- To have cooperation, you must have **trust**, and to have trust, you must have **honesty** and open two-way communication. Trust, honesty, and open communication are fundamental progressive values—in a community as in a family.

These are the nurturant values—and they are the progressive values. As a