

- 4 Read the text. Check your ideas in Exercise 3 and find at least four more pieces of advice.

FOCUS ON WORDS | Phrasal verbs

- 5 **2.11** In your notebook, match the phrasal verbs in red from Exercise 3 and the text with the definitions below. Then listen and check.

- 1 rely on sth/sb = bank on sth/sb
- 2 destroyed by fire = ?
- 3 investigate sth/sb = ?
- 4 is accepted, often wrongly, as sth/sb = ?
- 5 adapt to sth/sb = ?
- 6 leave = ?
- 7 communicate = ?
- 8 charged too much money = ?



Lucy Kane, Editor

Enjoy the places for what they are, rather than as a tick-box exercise. I became obsessed with seeing everything recommended in my guidebook, rather than going with the flow and soaking up the local atmosphere. Now I use my guidebook as just that: a guide.

ITALY & FRANCE



Andy Turner, Senior Editor

Be mindful of mosquito coils (almost burned down my Thai beach hut). Spend the least amount of time online – checking Premiership scores in a sweaty Internet café is not 'travel'. Remember that time is relative. Yes, the bus probably should have left three hours ago, but do you see anyone else complaining?

AROUND THE WORLD



Ed Aves, Senior Editor

Don't go to the north of India in May/June as it can be ferociously hot. I basically spent five weeks in a sauna. Chill out more, worry less about being ripped off and engage more with local culture. Looking back through the pictures, what passes for backpacking fashion is far from respectable, even when across the other side of the world.

ASIA



Olivia Rawes, Editorial Assistant

Pack only what you can comfortably carry; you really can buy everything you need when you are out there. That said, it's always handy to keep a spare set of clothes in your day bag – it makes losing your luggage a bit more bearable!

SOUTH AMERICA

- 6 **SPEAKING** In your notebook, complete the questions with the correct forms of the phrasal verbs from Exercise 5. Then ask and answer the questions.

- 1 Can you be banked on to help your fellow travellers?
- 2 Do you prefer to ? other people's plans or do your own thing?
- 3 If you could ? one piece of advice to your younger self, what would it be?
- 4 Have you ever been ? when shopping?
- 5 If you could ? and never come back, where would you go?
- 6 Are you the kind of person who likes to ? all the details before you go somewhere?

FOCUS ON WORDS | Suffixes – forming adjectives

- 7 **2.12** In your notebook, form adjectives from the words in the box using the suffixes. Then listen and check.

(bear daunt flap hand mind relate respect sweat)

-able	-ful	-ing	-ive	-y
<u>bearable</u>	?	?	?	?

- 8 In your notebook, write the correct adjectives from Exercise 7 for each gap. Has climate ever spoiled your holiday? What did you do? Discuss in pairs.

The thought of travelling alone was a ¹ daunting prospect, so I signed up for an organised tour of the Amazon rainforest. I was apprehensive about the wildlife, but I assumed that the climate would be ² ?. What I wasn't prepared for, however, was the ³ ? humidity. The entire time I was there it was well over eighty percent and I was constantly uncomfortable and ⁴ ?. It would have been ⁵ ? to check on the humidity beforehand.

FOCUS ON WORDS | EXTRA Suffixes – forming adjectives

- 9 **2.13** In your notebook, form adjectives from the words in the box using the suffixes. Then listen and check.

(compete decide delight divide dwindle force grass neighbour offend stone vary)

-able/-ible	-ful	-ing	-ive	-y
?	?	?	<u>competitive</u>	?

FOCUS ON WORDS | Colloquial phrases

- 10 **2.14** In your notebook, complete the sentences with the correct forms of the phrases underlined in the text. Then listen and check. Do you agree with the statements? Why?/Why not?

- 1 It's best to have no plans when travelling and just go with the flow. (accept a situation and not try to change it)
- 2 'It is better to travel well than to arrive' are ? everyone should agree with. (good advice)
- 3 Be prepared for the unexpected – ?! (it's loud and busy there)
- 4 Travelling when you're young will ? for later life. (be useful)
- 5 Travelling shouldn't just be a ?. (sth you do just to say you have done it)
- 6 It's more important to experience the local culture and simply ? than see all the sights. (enjoy a place by watching it)