

4 Read the text again and answer the questions in your notebook.

- How does Daniel feel about his exams?
- What is Daniel so stressed about?
- Why are secondary school exams more challenging compared with primary school ones?
- What do Jacob's teachers keep telling him?
- Why does Layli reread her notes several times?
- What else does Layli do as the exams draw closer?

FOCUS ON WORDS | Exaggerated synonyms

5 **1.14** In pairs, discuss what the words in red in the text mean. In your notebook, write the correct form of one word or phrase for each gap in the email below. Then listen and check.

Dear Kim,

Choosing which university to attend is a ¹minefield (situation full of problems). I'm ² ? (overwhelmed by) courses descriptions and application information and I could ³ ? (repeat) the advantages and disadvantages of each university in my sleep. I am constantly ⁴ ? (moving) between different options and I am having a terrible time trying to narrow them down. My teachers are ⁵ ? (very busy) with end-of-year exams, so they haven't been able to offer any guidance. I've read ⁶ ? (a lot of advice), but apart from ⁷ ? (reminding) in how crucial it is to choose the right one, it hasn't really helped. I'm getting so ⁸ ? (exhausted) that my face is ⁹ ? (covered) in spots and the application deadlines are ¹⁰ ? (upcoming). Help!

Sarah

University finals – Layli

- 35 At university, most tasks are reading- and discussion-based and so a coherent set of written up notes is hard to come by. At school, teachers organise revision sessions leading up to the exam; at university, you have
- 40 to work out your own timetable. I find it difficult to retain the information from everything I read, and to set it out in clear notes. This leads to me reading and rereading in the hope that the knowledge will somehow become
- 45 second nature. Revision time is **manic** and, as exams draw closer, anxiety starts to kick in. I now need to set my alarm, get to the library, make those notes I never made, read **all the books under the**
- 50 **sun**, then organise my thoughts and prepare to argue persuasively on a given topic. At university, you just have to find some method in the madness and get on with it.

FOCUS ON WORDS | Phrasal verbs

6 **1.15** In your notebook, match the phrasal verbs underlined in the text with the definitions below. Then listen and check.

- find sth = come by sth
- having a problem to deal with = ?
- achieve sth = ?
- happening before sth = ?
- take effect = ?
- arrange sth in a clear way = ?
- adding sth to get it to the level you want = ?

7 In pairs, add the correct form of a phrasal verb from Exercise 6 which collocates with two items in each set. Which item doesn't collocate in each set?

- top up your drink / ~~your dinner~~ / your phone
- ? a win / an exam / a score
- ? help / tough decisions / bankruptcy
- ? the war / graduation / the notes
- ? an agenda / my diary / your conditions
- easy to / opposed to / impossible to ?
- contentment / panic / the medication ?

FOCUS ON WORDS | EXTRA Phrasal verbs with up

8 **1.16** Listen to the conversation between Sarah and Ben. In your notebook, write the correct forms of the words from the box for each gap.

(brush cook lap lighten **pile** summon)

- I've got to catch up on my work – it's starting to pile up.
- I need to ? up on my French.
- You need to ? up a better excuse than that.
- Oh ? up! It's Friday night.
- You love history – you ? it up.
- I've ? up the courage to ask you out.

9 **1.17** In your notebook, match the phrasal verbs from Exercise 8 with the definitions below. Then listen and check.

- try to have enough of sth = summon sth up
- invent sth = ?
- collect or accumulate sth = ?
- enjoy experiencing sth = ?
- become less serious or upset = ?
- practise and improve a skill = ?

FOCUS ON WORDS | Relaxed/stressed

10 **1.18** Listen to Amy, Matt, Rob and Sally and decide who copes best/worst with exams.

11 **1.18** Listen again. In your notebook, complete the table with the missing words.

RELAXED	STRESSED
1 <u>keep</u> things in perspective	7 a bundle of ?
2 ? a grip	8 my ? is pounding
3 a weight has been ?	9 my mind goes ?
4 a ? comes over me	10 butterflies in my ?
5 take exams in my ?	11 a ? wreck
6 sail ? exams	12 ? of my depth

12 **SPEAKING** What do you think about the amount of study in your school? What are your revision techniques? Discuss in pairs.